

REAXING TRAINING METHOD

Reaxing training is the first and only method in the world based on releasing gradual and monitored sudden motor impulses (light, sound, tactile stimulations and motor interferences or perturbations), forcing the athlete to activate quick neuromuscular reactions. This unpredictability trains your senses and boosts training performances to a much higher level in terms of quality and quantity. As a consequence, sports performances improve, as well as metabolic activity, muscular responsiveness and reliability of post trauma recovery. Reaxing training is versatile and easily customizable in terms of endurance and strength. It is suitable pretty much for everyone.



COMMUNITY

TRAIN TO REACT

**“LIMITS ARE MEANT TO BE BROKEN,
LET’S TRAIN TOGETHER TO REACT”**

At least once in a lifetime, everyone must get back on his feet after a fall. At Reaxing, we want to speak up for those who turned a hostile twist into a great success. Are you a man, a woman, an athlete, a trainer or a sport pro? Do you share our values? Then... what are you waiting for? Join our community. Let's start a new exciting chapter together. Write to info@reaxing.com and we'll get in touch with you straight away.



REAXING
TRAIN TO REACT

WWW.REAXING.COM
f i y

mindfunction

TRAIN TO REACT



REAXLIGHTS
THE CLEVER LIGHTS

THE CLEVER LIGHTS

REAXLIGHTS

**“THANKS TO THIS INNOVATIVE LIGHTS
SYSTEM, ANY TRAINING CONCEIVED TO
TRAIN REACTION TIMES AND AGILITY
BECOMES INTERACTIVE”**

Training reactivity, reaction ability and response speed to a given sudden impulse will never be the same. This brand new functional training method is dynamic, fun and suitable for conditioning training. Any type of training gets interactive, improving the reaction capability. Reax Lights is an incredible Wi-Fi tool. It's versatile, flexible, wearable, easy-to-use. Training becomes self-motivating and any kind of free body exercise results more effective than ever. It's equipped with magnets for a quick and easy application. Thanks to the magnets, you can apply the satellites on the walls, on the floor, on the ceiling, on any metallic surfaces, on wall bars or any other functional training structure. The satellites can be controlled through a tablet computer, which allows the user to select the difficulty level and the training program he or she wishes.

TECHNOLOGY

APP

Reax lights can be controlled through wireless technology, thanks to a tablet computer and its dedicated app. Just 3 steps and you're ready to get your training session started. A true user-friendly tool.



PROGRAMS

Different color lights and positions of the satellites allow the user to set training programs suitable for everyone: adults, athletes, elderly and beginners.



SATELLITE

Durable, magnetic, soft, unbreakable. You can put it on the floor or any metallic surface. It's wearable and full of accessories.



RECHARGE

You can charge the satellite on the "Reax Recharging Tower", by putting it on the dedicated station (induction station) or you can use the appropriate cable plugs (cable station).



TRAINING SOLUTIONS



The training possibilities are endless. The user can perform free body exercises or use Reax Lights in combination with other functional tools, adding interactivity and unpredictability. Thanks to Reax Lights, any exercise gets more fun and effective, giving the user a brand new moving experience while boosting agility and proprioception.

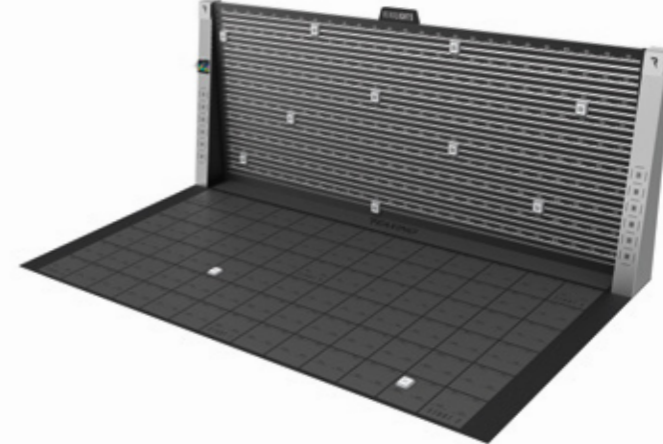
REAX LIGHTS STATION

You can install Reax Lights dedicated areas for training inside your club. These special areas make the use of the satellites easier, improving all performances. The Reax Light Station becomes a true electronic station for an incredibly interactive functional and agility training.



REAXLIGHTS STATION 350

Width (cm | in) 350 cm | 137.79
 Depth (cm | in) 350 cm | 137.79
 Height (cm | in) 250 cm | 98.42



REAXLIGHTS STATION 700

Width (cm | in) 700 cm | 275.59
 Depth (cm | in) 350 cm | 137.79
 Height (cm | in) 250 cm | 98.42